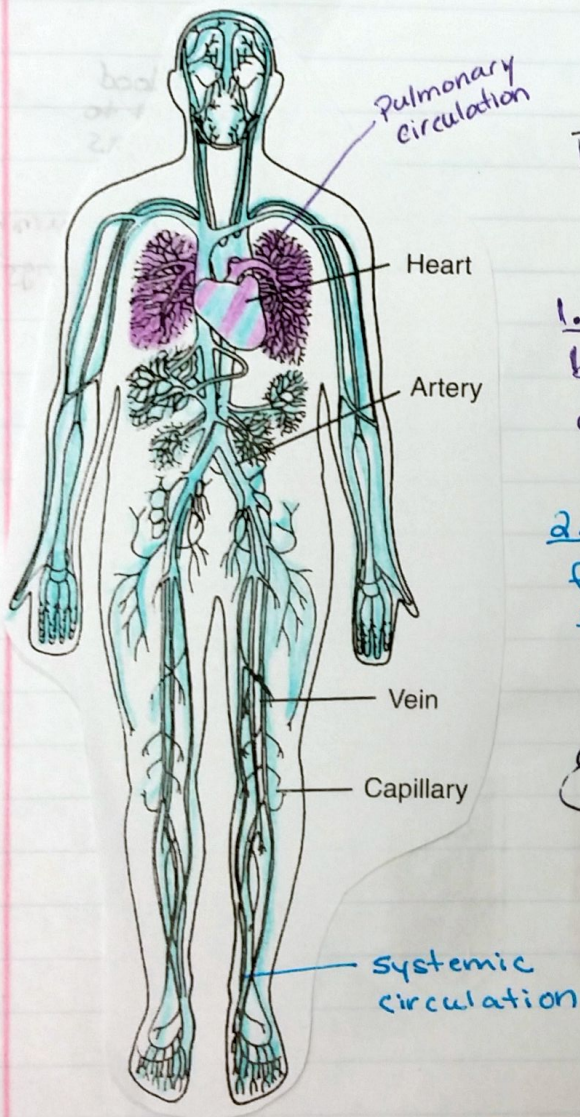
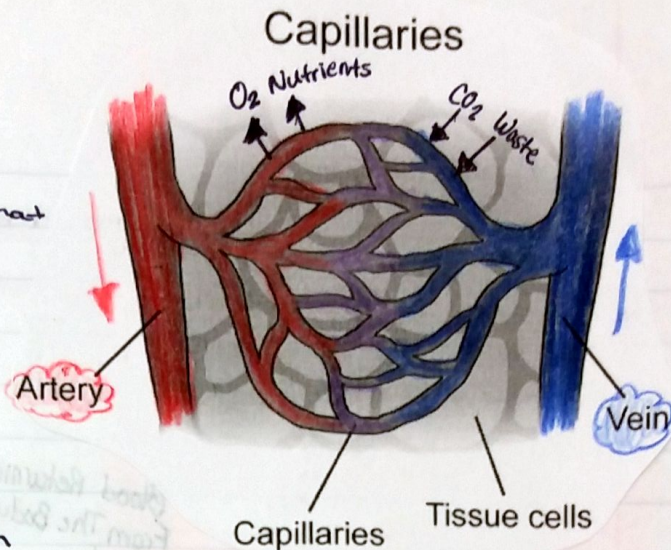


Capillaries = tiny blood vessels that are like "bridges" between veins and arteries

• Have THIN walls to allow oxygen (O_2), carbon dioxide (CO_2), nutrients, and waste to exchange across them



Circulation = the flow of blood

2 Types of Circulation

1. Pulmonary Circulation = flow of blood from the heart to the lungs and back to the heart

2. Systemic Circulation = flow of blood from the heart to all parts of the body and back to the heart

Both types involve the heart!
(Home base)